



El Monte NEWS

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3rd Annual City of El Monte *Family Health Fair*

El Monte, Calif. - The City of El Monte is once again bringing the community the Annual Family Health Fair at the El Monte Community Center. This large and free fair is co-sponsored by various local health fair providers, including Kaiser Permanente Baldwin Park, Allied Physicians IPA, Alta Med Health Care, Greater El Monte Community Hospital, Medic-One Ambulance, Central Health, and El Monte Senior Presidents' Council among others, to bring health awareness and health screening to local residents.

From 10:00 a.m. through 2:00 p.m. on Saturday, June 21, 2008, local El Monte residents and community members will stroll through the El Monte Community Center's Grace Black Auditorium at 3130 Tyler, El Monte, to an array of health related services available in the locale.

"This event is an exciting opportunity for everyone in the community to increase their general wellness and learn valuable health information", says Committee Chairman Juventino "J" Gomez. "...the opportunity for free medical screenings and preventive medical information is one that is not to be missed!" Gomez also adds, "Many of our local residents are underserved in the medical community, and this Family Health Fair will enable them to find local services and service providers, and to be screened for various health risks without any charge."

Additionally KNBC Channel 4's well-known Medical Reporter Bruce Hensel, M.D., has been invited to spotlight El Monte in their local news report. Dr. Hensel is the author of "Smart Medicine, How to Prevent Medical Mistakes and Get the Most Out of Your Medical Care", and is the Emmy award-winning medical, health and science editor for NBC4. He is also a practicing physician, Board Certified in two medical specialties and is an Associate Professor of Medicine at UCLA.

The Fair will provide free children's immunizations, free blood glucose level testing, scoliosis assessment, HIV screening, blood pressure checks, body fat and bone density composition, children's physicals, breast cancer risk assessment, vision screening, dental screening, hearing assessment, nutritional assessments, and pulmonary function screening. Also available will be health safety education tips, and information from the El Monte Police Department and the Los Angeles County Fire Department.

Those interested in participating should plan to be at the Grace T. Black Auditorium of the El Monte Community Center early, to insure adequate time to see and participate in all the services available.

El Monte, a city incorporated in 1912 and home to more than 116,000 residents, is a full-service city located in the heart of the San Gabriel Valley. It is freeway-close to all of Los Angeles, bisected by Interstate 10 and abutting Interstate 605. El Monte is home to a mega auto mall and boasts the largest single car dealership in the world, Longo Toyota.

El Monte can be visited on the web at www.ElMonteCA.gov