



El Monte NEWS

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1st Annual City of El Monte/El Monte Comprehensive Health Center *Family Health Fair*

El Monte, Calif. - The City of El Monte is teaming up with the County of Los Angeles Department of Health Services to bring to the community a First Annual Family Health Fair. This free fair will be teaming up the power of the County's Comprehensive Health Center with the might of the local El Monte community to bring health awareness and health screening to local residents.

From 9:00 a.m. through 3:00 p.m. on Saturday, November 13, 2004 local El Monte residents and community members will stroll through the El Monte Community Center's Grace Black Auditorium to an array of health related services available in the locale.

"THIS EVENT IS AN EXCITING OPPORTUNITY FOR EVERYONE IN THE COMMUNITY TO INCREASE THEIR GENERAL WELLNESS AND LEARN VALUABLE HEALTH INFORMATION", SAYS COMMITTEE CHAIRMAN JUVENTINO "J" GOMEZ. "...THE OPPORTUNITY FOR FREE MEDICAL SCREENINGS AND FLU SHOTS AND PREVENTIVE MEDICAL INFORMATION IS ONE THAT IS NOT TO BE MISSED!"

"Many of our local residents are underserved in the medical community, and this Family Health Fair will enable them to find local services and service providers, and to be screened for various health risks without any charge," Gomez added.

Additionally KNBC Channel 4's well-known Medical Reporter (and Honorary Chairman of this El Monte event) Bruce Hensel, M.D. will be there to spotlight El Monte in their local news report. Dr. Hensel is the author of "Smart Medicine, How to Prevent Medical Mistakes and Get the Most Out of Your Medical Care", and is the Emmy award-winning medical, health and science editor for NBC4. He is also a practicing physician, Board Certified in two medical specialties and is an Associate Professor of Medicine at UCLA.

The Fair will provide free flu vaccination (while supplies last), free children's immunizations, free blood glucose levels, blood pressure checks, body fat composition, children's physicals, breast cancer risk assessment, vision screening, dental screening, hearing assessment, nutritional assessments, and pulmonary function screening as well. Also available will be health safety education tips, and information from the Los Angeles County Fire Department.

Those interested in participating should plan to be at the Grace T. Black Auditorium of the El Monte Community Center early, to insure adequate time to see and participate in all the services available.

El Monte, a city incorporated in 1912 and home to more than 116,000 residents, is a full-service city located in the heart of the San Gabriel Valley. It is freeway-close to all of Los Angeles, bisected by Interstate 10 and abutting Interstate 605. El Monte is home to a mega auto mall and boasts the largest single car dealership in the world, Longo Toyota.

El Monte can be visited on the web at www.ElMonteCA.gov

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